

SPEAKER KIT

BECOME THE MOST FULFILLED PERSON YOU KNOW



WHY BOOK DR JO MESSENGER?

If you want:

- ▶ This event to be your 'best ever'
- ▶ Your people to become the best version of themselves
- ▶ Excellent, practical content delivered with a natural professional style and concise instructions which make understanding her ideas and putting them into practice effortless.
- ▶ An engaging, relevant keynote that entertains, educates and leaves people feeling good about themselves.

Then consider booking Dr Jo

1

**GUARANTEED
SUCCESS**

Money back guarantee

2

**UNDERSTANDS ALL
ASPECTS**

Has run events as well as spoken at them

3

**RELIABLE
PROFESSIONAL**

Impeccable integrity



MINDSET

Expert in Mind-Body connection. Renowned health-care professional since 1982



LEADERSHIP

One of the first female chiropractors in Australia



FULFILMENT

There's more to life than paying bills and dying. "Become the most fulfilled person you know", Dr Jo

ONE-STOP TRANSFORMATION

Dr Jo has expertise in all the important areas of life: the 4 Pillars of Health, Wealth and Meaningful Work, Relationships and Spiritual Connection. She can mix and match to suit your needs.

She has worked with every background, market niche and side of the street, and has consistently seen her foundation principles work with every issue, challenge and personality.

Dr Jo will show your attendees how to integrate everything they learn with their current inner-library of resources, so they can watch their own real-life miracles happen.

“You're the mastery of your own destiny. Make certain that doesn't result in being surrounded by a bunch of toys and still feel like something is missing” Dr Jo

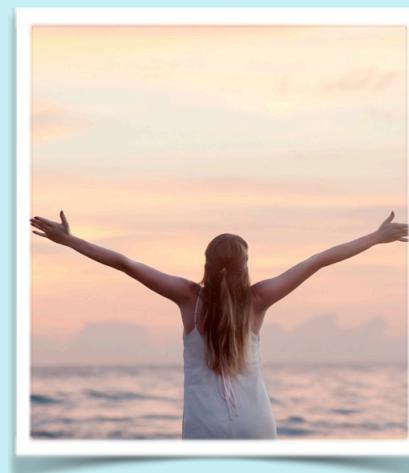


WHAT MAKES DR JO DIFFERENT FROM OTHER SPEAKERS?

- ▶ She has expertise and personal experience in everything she talks about.
- ▶ Using her mastery of group dynamics she creates memorable experiences that change your event.
- ▶ She gives practical tools and strategies that can be implemented immediately.
- ▶ She bonds people with humour. She understands them and they trust her.
- ▶ She can instantly adapt on stage to accommodate what's happening in the room.

EXCELLENCE + PERFORMANCE = RESULTS

1. Dr Jo is priority concerned with resolving problems- not just chasing symptoms.
2. She has permission to say things you can't.
3. She's quick witted and hilarious.
4. Dr Jo is an expert at non-verbal communication and brings about lasting change, not just delivers content.
5. She's a specialist at creating change from the inside out.



KEYNOTE TOPICS

In a world where stress over time, money, relationships and health dominate, Dr Messenger has defied the trend and elevated people's lives to the next level since 1982.

All Dr Jo's sessions are tailored to meet the needs of the audience.

Everyone has a purpose. Everyone has a backstory. And we all need reminding of our inner greatness and the steps we need to take to have the life we were born for.

If you are looking for someone to energize, engage and create a great atmosphere at your event, then you're in the right place.

Dr Jo uses storytelling, compassion and humor to convey messages that stick in people's minds for years and delivers practical, immediately useable tools and skills.

She uses material based on the new quantum science (including epigenetics and neuroscience), and the time-tested philosophies and techniques she has used for nearly 40 years in private practice (including chiropractic, meditation, yoga, energy healing, neurolinguistics, psychology and business).

If you would like to know more if Dr Jo meets your needs please feel free to call +61 410 668 070 or email drjo@drjomessenger.com

Please visit www.drjomessenger.com

FAST FACTS

- ▶ Dr Jo was raised with 6 older brothers. She has the LOGIC of males and the INTUITION of females.
- ▶ She was third in the state for gymnastics by the time she was 10
- ▶ Dux of her school
- ▶ School Captain
- ▶ Highest sports achiever
- ▶ Graduated from the 5yr chiropractic degree in 4 years
- ▶ Published 2 books (Be in One Peace; How to Balance Your Hormones)
- ▶ Listed in Adyar's Great Australian Authors
- ▶ Has a beautiful daughter, 7 step-children and 2 ex-husbands. She has hands-on experience of the full gamut of relationships and personal politics.
- ▶ When Joanne was 12, she fractured her pelvis in a trampoline fall. The experience inspired in her a desire to learn everything she could about healing, balance and energy. As a health-care professional and keynote speaker, she shares her lifelong quest for healing and living your best life. She knows what it's like to want to feel better, and how frustrating that dream can be to attain.
- ▶ Past board member of Chiropractic Alumni Association; SOTO A/Asia
- ▶ Convenor and Speaker for Dynamic Growth (a subsidiary of the Australian Spinal Research Foundation)
- ▶ MC of Chiropractic Graduation Ceremonies
- ▶ MC and Speaker for Women at Work
- ▶ Hosted Be in One Peace weekly radio program
- ▶ Touring Speaker at Super Achievers Summit (India)
- ▶ Regular TV guest on Coffee Break



THE WORLD NEEDS NEW LEADERS

Its leaders like you and me who get results- not buildings, technology, systems, equipment and products.

Its organisations with the better leaders who consistently perform better and are more successful.

Today's leaders need to be more skilled and embody qualities that endear respect, compared to just wielding power, as in yester-centuries.

[MORE INFO- FREE VIDEO LINK](#)



THE HERO'S JOURNEY IS A SOLO GIG

- Will you triumph over adversity?
- What personal threshold do you need to cross right now?
- What tests do you need to pass?
- What inner enemies, fears or addictions do you need to overcome?

If you're waiting for things to go back to normal you've missed the point.

[MORE INFO- FREE VIDEO LINK](#)

ACADEMIC MOJO

Most people know Dr Messenger as a chiropractor thanks to her flourishing history in private practice but she has nearly 40 years experience as a public speaker and course facilitator.

Through her best selling books (Be in One Peace; How to Balance Your Hormones) Dr Messenger has touched the lives of many.

Dr Messenger's academic qualifications are impressive. She has a Bachelor Degree in Applied Science (1982); Diplomate from the National Board of Chiropractic Examiners (USA); an Excellence Award win Radiology; a Diploma of Sacro-Occipital Technique; Certificate IV in Workplace Training and Assessment; is a certified Yoga teacher (RYTA200); is certified in Neuro-Linguistic Programming (NLP); teacher and past principal of Chiron Healing; as well as studying Aromatherapy; and Australian Bush Flower Essences.

Dr Messenger has multiple online programs:

- ▶ Live Your Purpose
- ▶ Evolve Your Purpose
- ▶ Prosper From Your Purpose
- ▶ Having it All

And a vast array of meditations available for instant download.

Dr Jo's membership website is a well know transformation hub, helping people to become 'the most fulfilled person they know'.

"I'm priority focussed on resolving the cause of problems- not chasing symptoms" Dr Jo



HOW TO SURVIVE THE DARK NIGHT OF THE SOUL

People, countries and the planet are individually and collectively, experiencing extreme challenges right now.

We've lived Ego-centrally instead of Soul-centrally, and world events are helping us to re-think this.

- Why are you alive?"
- What's the point of living?
- Why do bad things happen to good people?

[MORE INFO- FREE VIDEO LINK](#)



BEYOND ANXIETY

MEDITATE OR MEDICATE

Get a hold of anxiety before it gets a hold of you. Fear and worry are prayers for what you don't want.

Don't poison your present with anything from the past.

[MORE INFO- FREE VIDEO LINK](#)

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RISE FROM ADDICTION

INSPIRATION FOR PEOPLE WITH A MONKEY ON THEIR BACK

If you're serious about breaking free of addiction- whether your hook is caffeine, alcohol, cigarettes, sugar, food, sex, drugs, exercise, work, love, approval, spending, travel, or complaining- hope is here.

[MORE INFO- FREE VIDEO LINK](#)



ANGER RESOLUTION

Stop shredding your credibility, relationships and health.

Anger teaches people to tread on eggshells around you, rather than show up as their authentic selves.

Does your anger take you closer to, or further away, from what you want?

[MORE INFO- FREE VIDEO LINK](#)

WORKSHOP TOPICS

HALF AND FULL DAY

Dr Jo doesn't have a cookie-cutter, one-size-fits-all approach.

She builds on her keynote presentations with empowerment activities, goal achieving strategies, personal, professional and spiritual development, team building and leadership exercises.

HAVING IT ALL Do you feel you were born for more than what you've achieved so far?

LIVE YOUR PURPOSE (Level 1 of 3) Stop working hard in the wrong direction.

EVOLVE YOUR PURPOSE (Level 2 of 3) Transform yourself and your meaningful work, to the next level.

PROSPER FROM YOUR PURPOSE (Level 3 of 3) Solve your ideal clients' problems and get paid for doing what you love.

A BREATH OF FRESH CONFIDENCE People can smell a fake at 40 paces.

HOW TO CENTRE YOURSELF Magic happens when you're centred. Unseen forces come to your aid and everything seems to happen quicker.

[MORE WORKSHOP INFO](#)

FEE GUIDE

KEYNOTE PRESENTATION	\$3000 INC GST
HALF DAY WORKSHOP	\$8000 INC GST
FULL DAY WORKSHOP	\$14000 INC GST
MULTIPLE DAY EVENT	TBC



PLEASE NOTE:

* These rates are in USD and are a guide only.

* International events are charged at a higher fee.

Dr Jo can provide you with an accurate quote after you've completed the Presentation Questionnaire.

Dr Jo has a reputation for doing her level best to ensure her clients receive maximum value for money.

If you would like to know more if Dr Jo meets your needs please feel free to call +61 410 668 070 or email drjo@drjomessenger.com

Please visit www.drjomessenger.com

TRUST

About 12 months ago my life was in chaos! My physical and mental health were in tatters. A friend suggested I see Joanne Messenger. I moved from a state of fear and terror and regained myself. My health improved, I shed kilos, and for the first time in my life I greet each day with zest knowing I have tools to move forward.
Annette S/Manager

RELIEF

It's hard to put into words the effect Dr Jo has had on my life. I have suffered great personal loss and many life challenges. I friend suggested I see Joanne Messenger. I bless that day! I'm stronger than I've ever been and now use my skills to teach others.
Helen E/Speaker

TRAVEL

Domestic travel can be economy with a premium carrier. International is business class. All airport, accomodation and venue transfers to be included.

ACCOMODATION

Accomodation should be 5 star where possible.

PAYMENT TERMS

Bookings are formally confirmed when the signed speakers agreement and 50% deposit are both received. Remaining 50% is due 14 days prior to event.

CLIENT BRIEFING

The more detailed the briefing, and the more notice given, ensures the better prepared Dr Messenger will be for your event.